Increasing Individual Awareness and Accountability

Program Catalog
Who is NTSI

NTSI is the nation’s recognized leader in traffic safety education. For more than 30 years, our innovative training has emphasized personal accountability as the foundation for improved public safety.

NTSI’s interactive curricula is based on proven principals of behavioral modification. By helping individuals understand the importance of following personal choice, our training encourages them to take responsibility for their own behaviors.

NTSI programs afford the opportunity to reduce the likelihood of future incidents.

Attitude + Values = Behavior

- 94% report a commitment to improving driving safety
- 95% will recommend the program to others
- 96% report an increase in knowledge about safe driving
- 96% rated the program as “excellent” or “good”

Reference:
Arizona Supreme Court (2002)
Drug and Alcohol Program for First Time Drivers

GOAL
Introduce new drivers to the dangers of driving while impaired and familiarize the participants with defensive driving techniques and traffic laws.

OBJECTIVES
· Discover how alcohol and other drugs affect our bodies
· Explore the impact alcohol and other drugs have on an individual’s driving behavior and skills
· Cultivate an appreciation for the benefits of being a safe and responsible driver
· Gain insight and knowledge of traffic laws
· Learn defensive driving techniques

CONSUMER BASE
The Drug and Alcohol Program for First Time Drivers was created to introduce new drivers to the impact alcohol and other drugs have on their bodies as well as their driving behavior and skills. Defensive driving techniques and traffic laws are also discussed. Successful completion of this program may be required by some states for first time drivers desiring to obtain a learner’s drivers license.

Traffic Survival Level 1

GOAL
To introduce class participants to the philosophy of values + attitudes = behavior and encourage each one to make a commitment to becoming a better and safer driver.

OBJECTIVES
· Help participants understand how their attitudes affect their driving
· Recognize and evaluate their current driving habits and where needed learn ways to change negative driving behavior
· Better understand and use safe and economical defensive driving techniques
· Discover the benefits of being a responsible and courteous driver
· Familiarize students with traffic law

CONSUMER BASE
The basic Traffic Survival Level I program is designed for the individual who is attending the program on a voluntary basis to receive a reduction in points on their license, to receive an insurance discount, as an employer requirement or to satisfy a court order.

- Classroom format in English, Creole, Spanish and Korean
- Available via the internet in English and Spanish at www.ntsi.com
- Available in a traditional classroom format
- Available in an online format
Traffic Survival Level 2

GOAL
Assist attendees in discovering how their values and attitudes affect their driving behavior and how their emotions may be the cause of negative driving performance.

OBJECTIVES
· Help participants understand how their attitudes and emotions affect their driving behavior
· To have attendees examine their current driving behavior and where needed make a commitment to changing negative driving practices
· Be introduced to new defensive driving techniques
· Learn to appreciate the benefits of being a responsible and courteous driver
· Assist participants in comprehending the necessity of traffic laws

CONSUMER BASE
The intermediate Traffic Survival Level 2 program is designed for the individual who has received multiple traffic citations, serious traffic violations or has been involved in numerous collisions. The program is normally court ordered and is utilized by the courts as part of a sentencing judgment.

· Available in a traditional classroom format in English and Spanish
· Available via the internet in English and Spanish at www.ntsi.com

Traffic Survival Level 3

GOAL
Assist participants in recognizing how their current attitudes and temperament cause negative driving behavior and to help them learn new ways to become better and safer drivers.

OBJECTIVES
· Help students discover how their attitudes and negative driving habits are affecting their personal lives
· Examine current driving behavior and help participants identify areas needing change
· Explore new ways of becoming a responsible and courteous driver.
· Challenge each individual to develop a written plan for changing their negative driving behavior
· Instill in each student a desire to make the commitment to become a safer driver by adopting a personal plan of action

CONSUMER BASE
The advanced Traffic Survival Level 3 program is designed for the person who has had their driver’s license suspended or revoked or has been court ordered to attend an advanced program. Certain courts may require a violator to attend a defensive driving program for serious/habitual offenders and the Level 3 course normally meets this mandate.

· Available in a traditional classroom format in English and Spanish
Back on Track in 60 Minutes

GOAL
The “Back on Track in 60 Minutes” program was developed to assist the management of an organization in helping them provide a quick and worthwhile way to provide defensive driving to their employees. The program highlights road hazards, distractions, collision avoidance, and car control in a concise and effective one hour program.

OBJECTIVES
- Reinforce information that the participant may have forgotten about being a defensive driver
- Discover how emotions may affect driving
- Learn how distractions can lead to dangerous driving incidents
- Learn ways to avoid collisions
- Acquire information on the dynamics of operating a motor vehicle
- Make a commitment to being a Safer Driver

CONSUMER BASE
The Back on Track in 60 Minutes program is an excellent way for companies and organizations to provide a quick defensive driving program for their employees and members. The program is ideal for civic organizations, churches, small businesses, and companies that provide monthly safety meetings.

Available in a traditional classroom format

Senior Driver

GOAL
This program introduces the participants to the many factors that affect our driving ability as we become mature drivers. The program addresses concerns senior drivers may have about their ability to be a safe and responsible driver and provides valuable information on the changes that may have occurred in defensive driving techniques over the years.

OBJECTIVES
- Introduce the participants to changes in laws and defensive driving techniques
- Promote the understanding of the effects of aging on perceptual ability.
- Assist the attendees in learning the effects prescriptions and over-the-counter medications may have on their driving ability
- Acquaint the participants with the physiological and psychological factors affecting senior drivers
- Discuss when the need may arise to stop driving and the alternatives to driving

CONSUMER BASE
The Senior Driver program may provide mature drivers an insurance discount from their insurance companies. The program may also be used by senior centers and organizations concerned about mature drivers as part of a prevention plan.

Available in a traditional classroom format
Aggressive Driving

GOAL
To enlighten participants about how their attitudes towards the driving environment, stress, time management, anger management and individual personality traits all play a part in their driving behavior, causing them to be aggressive drivers.

OBJECTIVES
· Accept responsibility for their negative actions of angry and aggressive driving practices
· Investigate how their attitudes and emotions affect their driving
· Explore their current driving behavior and learn ways to become a more responsible and courteous driver
· Understand they have a choice in the manner in which they operate a motor vehicle
· Make a personal commitment to change their negative driving habits

CONSUMER BASE
The Aggressive Driving program is designed for the individual who has received several traffic violations in a short period of time, been identified by law enforcement as an aggressive driver and is a habitual traffic offender. The seminar is usually part of a court judgment.

Alcohol and Drug Awareness

GOAL
Introduce new drivers to the dangers of driving while impaired and familiarize the participants with defensive driving techniques and traffic laws.

OBJECTIVES
· Explore the impact alcohol and other drugs have on an individual’s driving behavior and skills
· Cultivate an appreciation for the benefits of being a safe and responsible driver
· Gain insight and knowledge of traffic laws
· Learn defensive driving techniques

CONSUMER BASE
The Alcohol and Drug Awareness program was created to introduce new drivers to the impact alcohol and other drugs have on an individual’s driving behavior and skills, defensive driving techniques and to traffic laws.
Anger Awareness Level 1

GOAL
To enable participants to identify their problems with managing stress and anger and to develop a plan for addressing these issues.

OBJECTIVES
- Acceptance of responsibility for actions that led to the participant’s arrest or incident that led to their attendance in the class
- Understand stress and its influence on the body and one’s behavior
- Assist participants in learning stress management to reduce the likelihood of anger problems
- Development of personal commitment plan to avoid future anger-related problems and/or arrest

CONSUMER BASE
NTSI’s Anger Awareness – Level 1 Program is designed for individuals who have been identified as having trouble with managing anger. Referrals to this course include those arrested on charges where anger is an issue and for employers who feel an employee needs to address anger issues. The program is usually required as a condition of the Court and is suitable for a pre-trial diversion or as a condition of probation.

- Available in a traditional classroom format in English and Spanish
- *** YOUTH VERSION AVAILABLE

Anger Awareness Level 2

GOAL
To enable participants to identify recurrent or serious anger problems and discover resources and techniques to address these problems.

OBJECTIVES
- Identify patterns of anger and how to address such patterns
- Acceptance of responsibility for actions that led to the participant’s arrest or incident that led to their attendance in the class
- To understand stress and the influence on the body and one’s behavior
- To understand how attitude and values relate to aggressive behavior through use of an Anger Log
- Assist participants in learning stress management to reduce the likelihood of anger problems
- Development of a personal commitment plan to avoid future anger-related problems and/or arrest

CONSUMER BASE
NTSI’s Anger Awareness – Level 2 Program is designed for individuals who have either recurrent anger/aggressive behavior issues or for individuals who have been involved in a serious anger/aggression incident. Appropriate referrals to this course include those with multiple arrests involving anger or aggressive behavior or employers who feel an employee needs to address anger issues. The program is usually required as a condition of the Court and is suitable for diversion or as a condition of probation.

- Available in a traditional classroom format
Driving While License Suspended / Revoked

GOAL
The seminar is designed to help each attendee review their driver’s license record and determine what steps are required for them to have their driving privileges re-instated. Topics include responsibility and choice, personality traits, anger management, time management, stress, aggressive driving and driving under the influence.

OBJECTIVES
· Accept responsibility for their actions and to understand its impact on their driver’s license record and life
· Recognize and evaluate their current driving patterns and learn ways to change them
· Become familiar with laws with regard to driving while their driver’s license is suspended / revoked
· Provide suggestions on ways to re-instate their driving privilege
· Develop a personal action plan to facilitate desired changes in their driving behavior

CONSUMER BASE
The DWLS / R program was developed for use by courts and state licensing agencies as part of sentencing requirements for those individuals convicted of operating a motor vehicle while their driving privileges were suspended or revoked.

Life Skills / Civic Responsibility

GOAL
Explore ideas embracing civic responsibility, moral and legal obligations and introducing participants to Focus Concept Steps.

OBJECTIVES
· Comprehend the legal and moral consequences of violating laws
· Accept responsibility for aggressive behavior and understand the impact our actions have on ourselves and others
· Recognize how stress relates to negative actions
· Appreciate and evaluate negative behavioral patterns and where necessary learn ways to change them
· Commit to achieving my personal Civic Responsibility Action Plan within the community in which I live

CONSUMER BASE
The Life Skills / Civic Responsibility program may be court ordered as part of a diversion plan for those individuals charged with misdemeanor crimes. Depending on the judgment order of the court the course may be taught in 4, 6, and 8 hours.

** YOUTH VERSION AVAILABLE
Theft / Consumer Awareness

GOAL
Reduce the likelihood of future theft / shoplifting / bad-check incidents through participant’s acceptance of personal responsibility and development of a plan to reduce future theft behavior.

OBJECTIVES
- Examination of how Values and Attitudes impact Behavior
- Acceptance of responsibility for actions that led to the participant’s arrest or incident that led to their attendance in the class
- Understand the consequences of future illegal behavior
- Assist participants identify the importance of making better future decisions
- Development of personal commitment a plan to avoid future theft-related problems and/or arrest

CONSUMER BASE
Theft/Consumer Awareness program is designed for a variety of minor theft offenses (i.e. shoplifting, bad checks, theft of services, theft of property). Individuals are usually referred by courts, probation officers or diversion program officials to NTSI Theft/Consumer Awareness Workshops. The course is designed to accommodate various types of theft offenses.

** YOUTH VERSION AVAILABLE

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Youth Tobacco Awareness

GOAL
Acquaint seminar attendees to the dangers of tobacco use to their health and the health of others, recognize the cost of their habit and discover ways to abstain from further use.

OBJECTIVES
- Discover the dangers associated with tobacco consumption
- Comprehend why trust is important and how their illegal actions affect trust
- Become familiar with the laws associated with tobacco use by those under the legal age
- Learn ways to abstain from further tobacco consumption

CONSUMER BASE
This program can be used by schools, churches, and other civic organizations as part of a prevention plan. In some states individuals convicted of violations of state statutes against under age use of tobacco products may be required by the juvenile court to attend an anti-tobacco program.

- Available in a traditional classroom format
- ** YOUTH VERSION AVAILABLE
**GOAL**
Introduce the role that knowledge, values, attitudes and behavior have in promoting safe driving and examine common on-the-road hazards and situations that can lead to traffic citations and collisions and the possibility of injuries and death.

**OBJECTIVES**
- Help participants understand how their values and attitudes affect their driving
- Recognize and evaluate their current driving habits and where needed learn ways to change negative driving behavior
- Apply a risk reduction process to control or eliminate hazards through the use of the SAFER Driver practices
- Discover the impact collision(s) have on the earnings of a company
- Create and commit to an action plan for SAFER and responsible driving behavior

**CONSUMER BASE**
The SAFER Driver Workshop was developed with the corporate employee in mind. The program was designed to reduce collisions, minimize insurance costs and assist all employees in becoming SAFER Drivers. The course can be taught in one, two, three and four hour blocks. Each module can be taught individually and may be used as separate training components. This program can be used by any company or organization employees whether or not the employees are company drivers.

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**Van / High Profile Vehicle**

**GOAL**
The National Traffic Safety Institute developed the Van Safety Program as a one hour session that can be taught as an additional module to the SAFER Driver Program or as an independent training unit. The program introduces van operators to the dangers of driving a van and how speed and the understanding of the weight ratio and the center of gravity of the vehicle play an important role in the operation of a large vehicle. This program should be a required training element for anyone operating a large vehicle.

**OBJECTIVES**
- To help them become safe and responsible van drivers
- To inform van drivers of the hazards of driving a van and how to minimize those hazards
- To introduce van drivers to the concepts of the dynamics of van operation
- To discover the importance of pre-trip inspection

**CONSUMER BASE**
The Van Safety Program was developed for use by organizations that have drivers who operate large vans as part of their job requirements.

- Available in a traditional classroom format
- Available via the internet at www.ntsi.com
Commercial Driver License Refresher

GOAL
To assist commercial vehicle operators in accepting the responsibility they have as CDL licensed drivers and in understanding the importance of their attitude in affecting their driving behavior.

OBJECTIVES
- To accept responsibility for their actions when driving a commercial motor vehicle
- To understand how their attitude affects their driving behavior
- To recognize and evaluate their current driving patterns and learn ways to change them
- To become familiar with the Federal rules in reference to operating a commercial motor vehicle

CONSUMER BASE
The Commercial Driver License Program Level 1 was developed as a driver improvement program for CDL operators. Some states require CDL violators in order to reduce or eliminate the points allocated as a result of a violation to attend a specific CDL course. Courts may also require CDL violators to attend a specific CDL driver improvement course. This program may also be utilized by commercial motor carriers as a means to provide additional training to their CDL operators.

Law Enforcement Defensive Driving

GOAL
Traffic fatalities are the leading cause of death of law enforcement personnel. The NIISI Law Enforcement Defensive Driving Program was not developed to train officers in the operation of motor vehicles, but rather the goal of this program is to introduce officers to the many factors other than operational skill that affect their driving behavior.

OBJECTIVES
- To discover who, what, when, where, and how law enforcement collisions occur
- To understand how mental awareness and stress can affect driving.
- Learn if you may be an “aggressive driver”
- Discuss “police pursuit” driving
- Explore the meaning of “sensory overload”
- Gain information on “anger and driving”

CONSUMER BASE
The Law Enforcement Defensive Driving Program was developed for use by all law enforcement organizations.
For additional information please contact the NTSI office in your area

Corporate Office
177 N. Church Ave. #610
Tucson, AZ 85701
(800) 476-7705
(866) 346-3283
Fax: (520) 547-1884
corporate@ntsi.com

Arizona / Rocky Mountain
177 N. Church Ave. #610
Tucson, AZ 85701
(520) 547-2500
(800) 726-6874
Fax: (520) 547-1884
ntsirm@ntsi.com

California / Northern
275 N. 4th St.
San Jose, CA 95112
(408) 297-7200
(800) 286-6874
Fax: (408) 297-3541
ntsinc@ntsi.com

California / Southern
2333 N. Broadway
Santa Ana, CA 92706
(714) 285-4858
(888) 396-6874
Fax: (714) 285-4860
ntsisc@ntsi.com

Florida / Southeast
1850 Lee Rd. #207
Winter Park, FL 32789
(407) 599-1600
(888) 312-6874
Fax: (407) 599-1601
ntsise@ntsi.com

Washington / Northwest
15 First Ave. NW
Issaquah, WA 98027
(425) 369-9000
(800) 588-6874
Fax: (425) 369-8111
ntsinnw@ntsi.com

Texas / Central
3432 Greystone #105
Austin, TX 78737
(512) 346-6667
(800) 949-6874
Fax: (521) 346-8618
ntsic@ntsi.com

New York / Northeast
201 Edward Curry Ave. #206
Staten Island, NY 10304
(718) 720-6868
(800) 733-6874
Fax: (718) 720-7021
ntsine@ntsi.com

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The American Safety & Health Institute (ASHI) is an association of approximately 35,000 professional safety and health educators and more than 5,500 Training Centers around the world. ASHI Training Center membership covers a wide range of organizations including local emergency medical service, fire/rescue and law enforcement agencies, hospitals, universities, public school districts, community colleges, vocational schools, charitable foundations, municipal, state and federal governments, as well as public and private corporations and training companies.

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