





Increasing Individual Awareness and Accountability



### Who is NTSI

NTSI is the nation's recognized leader in traffic safety education. For more than 30 years, our innovative training has emphasized personal accountability as the foundation for improved public safety.

NTSI's interactive curricula is based on proven principals of behavioral modification. By helping individuals understand the importance of following personal choice, our training encourages them to take responsibility for their own behaviors.

NTSI programs afford the opportunity to reduce the likelihood of future incidents.

### Attitude + Values = Behavior

- $\cdot$  94% report a commitment to improving driving safety
- $\cdot$  95% will recommend the program to others
- $\cdot$  96% report an increase in knowledge about safe driving
- $\cdot$  96% rated the program as "excellent" or "good"

Reference: Arizona Supreme Court (2002)

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\* Program may require contract before purchase.



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### Drug and Alcohol Program for First Time Drivers

## Traffic Survival Level 1

#### GOAL

Introduce new drivers to the dangers of driving while impaired and familiarize the participants with defensive driving techniques and traffic laws.

#### OBJECTIVES

- · Discover how alcohol and other drugs affect our bodies
- Explore the impact alcohol and other drugs have on an individual's driving behavior and skills
- $\cdot$  Cultivate an appreciation for the benefits of being a safe and responsible driver
- · Gain insight and knowledge of traffic laws
- · Learn defensive driving techniques

#### CONSUMER BASE

The Drug and Alcohol Program for First Time Drivers was created to introduce new drivers to the impact alcohol and other drugs have on their bodies as well as their driving behavior and skills. Defensive driving techniques and traffic laws are also discussed. Successful completion of this program may be required by some states for first time drivers desiring to obtain a learner's drivers license.

### GOAL

To introduce class participants to the philosophy of

### values + attitudes = behavior

and encourage each one to make a commitment to becoming a better and safer driver.

#### OBJECTIVES

- · Help participants understand how their attitudes affect their driving
- Recognize and evaluate their current driving habits and where needed learn ways to change negative driving behavior
- · Better understand and use safe and economical defensive driving techniques
- $\cdot$  Discover the benefits of being a responsible and courteous driver
- $\cdot$  Familiarize students with traffic law

#### CONSUMER BASE

The basic Traffic Survival Level I program is designed for the individual who is attending the program on a voluntary basis to receive a reduction in points on their license, to receive an insurance discount, as an employer requirement or to satisfy a court order.



 Available in a traditional classroom format

· Available in a online forma



Classroom format in English, Creole, Spanish and Korean Available via the internet in English and Spanish at www.ntsi.com



### Traffic Survival Level 2

## Traffic Survival Level 3

#### GOAL

Assist attendees in discovering how their values and attitudes affect their driving behavior and how their emotions may be the cause of negative driving performance.

#### OBJECTIVES

- Help participants understand how their attitudes and emotions affect their driving behavior
- To have attendees examine their current driving behavior and where needed make a commitment to changing negative driving practices
- · Be introduced to new defensive driving techniques
- $\cdot$  Learn to appreciate the benefits of being a responsible and courteous driver
- $\cdot$  Assist participants in comprehending the necessity of traffic laws

#### CONSUMER BASE

The intermediate Traffic Survival Level 2 program is designed for the individual who has received multiple traffic citations, serious traffic violations or has been involved in numerous collisions. The program is normally court ordered and is utilized by the courts as part of a sentencing judgment.



Available in a traditional classroom format in English and Spanish Available via the internet in English and Spanish at www.ntsi.com



#### GOAL

Assist participants in recognizing how their current attitudes and temperament cause negative driving behavior and to help them learn new ways to become better and safer drivers.

#### OBJECTIVES

- Help students discover how their attitudes and negative driving habits are affecting their personal lives
- · Examine current driving behavior and help participants identify areas needing change
- $\cdot$  Explore new ways of becoming a responsible and courteous driver.
- · Challenge each individual to develop a written plan for changing their negative driving behavior
- Instill in each student a desire to make the commitment to become a safer driver by adopting a personal plan of action

#### CONSUMER BASE

The advanced Traffic Survival Level 3 program is designed for the person who has had their driver's license suspended or revoked or has been court ordered to attend an advanced program. Certain courts may require a violator to attend a defensive driving program for serious/habitual offenders and the Level 3 course normally meets this mandate.



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### Back on Track in 60 Minutes

### Senior Driver

#### GOAL

The "Back on Track in 60 Minutes" program was developed to assist the management of an organization in helping them provide a guick and worthwhile way to provide defensive driving to their employees. The program highlights road hazards, distractions, collision avoidance, and car control in a concise and effective one hour program.

#### **OBJECTIVES**

- · Reinforce information that the participant may have forgotten about being a defensive driver
- · Discover how emotions may affect driving
- Learn how distractions can lead to dangerous driving incidents
- · Learn ways to avoid collisions
- · Acquire information on the dynamics of operating a motor vehicle
- · Make a commitment to being a Safer Driver

#### CONSUMER BASE

The Back on Track in 60 Minutes program is an excellent way for companies and organizations to provide a quick defensive driving program for their employees and members. The program is ideal for civic organizations,

> churches, small businesses, and companies that provide monthly safety meetings.





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This program introduces the participants to the many factors that affect our driving ability as we become mature drivers. The program addresses concerns senior drivers may have about their ability to be a safe and responsible driver and provides valuable information on the changes that may have occurred in defensive driving techniques over the years.

### **OBJECTIVES**

GOAL

- Introduce the participants to changes in laws and defensive driving techniques
- · Promote the understanding of the effects of aging on perceptual ability.
- · Assist the attendees in learning the effects prescriptions and over-thecounter medications may have on their driving ability
- · Acquaint the participants with the physiological and psychological factors affecting senior drivers
- · Discuss when the need may arise to stop driving and the alternatives to drivina

#### CONSUMER BASE

The Senior Driver program may provide mature drivers an insurance discount from their insurance companies. The program may also be used by senior centers and organizations concerned about mature drivers as part of a prevention plan.

## Aggressive Driving

## Alcohol and Drug Awareness

#### GOAL

To enlighten participants about how their attitudes towards the driving environment, stress, time management, anger management and individual personality traits all play a part in their driving behavior, causing them to be aggressive drivers.

#### **OBJECTIVES**

- · Accept responsibility for their negative actions of angry and aggressive driving practices
- · Investigate how their attitudes and emotions affect their driving
- · Explore their current driving behavior and learn ways to become a more responsible and courteous driver
- · Understand they have a choice in the manner in which they operate a motor vehicle
- · Make a personal commitment to change their negative driving habits

#### CONSUMER BASE

The Aggressive Driving program is designed for the individual who has received several traffic violations in a short period of time, been identified

> by law enforcement as an aggressive driver and is a habitual traffic offender. The seminar is usually part of a court judgment.



#### GOAL

Introduce new drivers to the dangers of driving while impaired and familiarize the participants with defensive driving techniques and traffic laws.

#### OBJECTIVES

- Explore the impact alcohol and other drugs have on an individual's driving behavior and skills
- · Cultivate an appreciation for the benefits of being a safe and responsible driver
- · Gain insight and knowledge of traffic laws
- · Learn defensive driving techniques

#### CONSUMER BASE

The Alcohol and Drug Awareness program was created to introduce new drivers to the impact alcohol and other

drugs have on an individual's driving behavior and skills, defensive driving techniques and to traffic laws.

> Available in a traditional classroom format



### Anger Awareness Level 1

#### GOAL

To enable participants to identify their problems with managing stress and anger and to develop a plan for addressing these issues.

#### OBJECTIVES

- Acceptance of responsibility for actions that led to the participant's arrest or incident that led to their attendance in the class
- $\cdot$  Understand stress and its influence on the body and one's behavior
- · Understand how attitude and values relate to aggressive behavior
- Assist participants in learning stress management to reduce the likelihood
   of anger problems
- Development of personal commitment plan to avoid future anger-related problems and/or arrest

#### CONSUMER BASE

NTSI's Anger Awareness – Level 1 Program is designed for individuals who have been identified as having trouble with managing anger. Referrals to this course include those arrested on charges where anger is an issue and for employers who feel an employee needs to address anger issues. The program is usually required as a condition of the Court and is suitable for a pre-trial diversion or as a condition of probation.





Available in a traditional classroom format in English and Spanish

\*\*\* YOUTH VERSION AVAILABLE

## Anger Awareness Level 2

#### GOAL

To enable participants to identify recurrent or serious anger problems and discover resources and techniques to address these problems.

#### OBJECTIVES

- · Identify of patterns of anger and how to address such patterns
- Acceptance of responsibility for actions that led to the participant's arrest or incident that led to their attendance in the class
- $\cdot$  To understand stress and the influence on the body and one's behavior
- $\cdot$  To understand how attitude and values relate to aggressive behavior through use of an Anger Log
- Assist participants in learning stress management to reduce the likelihood
   of anger problems
- Development of a personal commitment plan to avoid future anger-related problems and/or arrest

#### CONSUMER BASE

NTSI's Anger Awareness – Level 2 Program is designed for individuals who have either recurrent anger / aggressive behavior issues or for individuals who have been involved in a serious anger/aggression incident. Appropriate referrals to this course include those with multiple arrests involving anger or aggressive behavior or employers who feel an employee needs to address anger issues. The program is usually required as a condition of the Court and is suitable for diversion

or as a condition of probation.



#### · Available in a traditional classroom format

### Driving While License Suspended / Revoked

#### GOAL

The seminar is designed to help each attendee review their driver's license record and determine what steps are required for them to have their driving privileges re-instated. Topics include responsibility and choice, personality traits, anger management, time management, stress, aggressive driving and driving under the influence.

#### **OBJECTIVES**

- · Accept responsibility for their actions and to understand its impact on their driver's license record and life
- · Recognize and evaluate their current driving patterns and learn ways to change them
- Become familiar with laws with regard to driving while their driver's license is suspended / revoked
- · Provide suggestions on ways to re-instate their driving privilege
- Develop a personal action plan to facilitate desired changes in their driving behavior

### CONSUMER BASE

The DWLS / R program was developed for use by courts and state licensing agencies as part of sentencing requirements for those individuals convicted of operating a motor vehicle while their driving privileges were suspended or revoked.

# Life Skills / Civic Responsibility

#### GOAL

Explore ideas embracing civic responsibility, moral and legal obligations and introducing participants to Focus Concept Steps.

#### **OBJECTIVES**

- · Comprehend the legal and moral consequences of violating laws
- · Accept responsibility for aggressive behavior and understand the impact our actions have on ourselves and others
- · Recognize how stress relates to negative actions
- · Appreciate and evaluate negative behavioral patterns and where necessary learn ways to change them
- · Commit to achieving my personal Civic Responsibility Action Plan within the community in which I live

#### CONSUMER BASE

The Life Skills / Civic Responsibility program may be court ordered as part of a diversion plan for those individuals charged with misdemeanor crimes. Depending on the judgment order of the court the course may be taught in 4, 6, and 8 hours.



Available in a traditional classroom format



YOUTH VERSION AVAILABLE



### Theft / Consumer Awareness

### Youth Tobacco Awareness

#### GOAL

Reduce the likelihood of future theft / shoplifting / bad-check incidents through participant's acceptance of personal responsibility and development of a plan to reduce future theft behavior.

### OBJECTIVES

- · Examination of how Values and Attitudes impact Behavior
- Acceptance of responsibility for actions that led to the participant's arrest or incident that led to their attendance in the class
- · Understand the consequences of future illegal behavior
- · Assist participants identify the importance of making better future decisions
- Development of personal commitment a plan to avoid future theft-related problems and/or arrest

### CONSUMER BASE

Theft/Consumer Awareness program is designed for a variety of minor theft offenses (i.e. shoplifting, bad checks, theft of services, theft of property). Individuals are usually referred by courts, probation officers or diversion program officials to NTSI Theft/ Consumer Awareness Workshops. The course is designed to accommodate various types of theft offenses.



· Available in a traditional classroom forma

### \*\* YOUTH VERSION AVAILABLE

#### GOAL

Acquaint seminar attendees to the dangers of tobacco use to their health and the health of others, recognize the cost of their habit and discover ways to abstain from further use.

#### OBJECTIVES

- · Discover the dangers associated with tobacco consumption
- Comprehend why trust is important and how their illegal actions affect trust
- Become familiar with the laws associated with tobacco use by those under the legal age
- $\cdot$  Learn ways to abstain from further tobacco consumption

### CONSUMER BASE

This program can be used by schools, churches, and other civic organizations as part of a prevention plan. In some states individuals convicted of violations of state statutes against under age use of tobacco products may be required by the juvenile court to attend an anti-

tobacco program.



Available in a traditional classroom format



### Safer Driver

## Van / High Profile Vehicle

#### GOAL

Introduce the role that knowledge, values, attitudes and behavior have in promoting safe driving and examine common on-the-road hazards and situations that can lead to traffic citations and collisions and the possibility of injuries and death.

#### OBJECTIVES

- · Help participants understand how their values and attitudes affect their driving
- Recognize and evaluate their current driving habits and where needed learn
  ways to change negative driving behavior
- Apply a risk reduction process to control or eliminate hazards through the use of the SAFER Driver practices
- $\cdot$  Discover the impact collision(s) have on the earnings of a company
- $\cdot$  Create and commit to an action plan for SAFER and responsible driving behavior

#### CONSUMER BASE

The SAFER Driver Workshop was developed with the corporate employee in mind. The program was designed to reduce collisions, minimize insurance costs and assist all employees in becoming SAFER Drivers. The course can be taught in one, two, three and four hour blocks. Each module can be taught individually and may be used as separate training components. This program can be used by any company or organization employees whether or not the employees are company drivers.



· Available in a traditional classroom forma



Available via the internet at www.ntsi.com

#### GOAL

The National Traffic Safety Institute developed the Van Safety Program as a one hour session that can be taught as an additional module to the SAFER Driver Program or as an independent training unit. The program introduces van operators to the dangers of driving a van and how speed and the understanding of the weight ratio and the center of gravity of the vehicle play and important role in the operation of a large vehicle. This program should be a required training element for anyone operating a large vehicle.

#### OBJECTIVES

- · To help them become safe and responsible van drivers
- To inform van drivers of the hazards of driving a van and how to minimize those hazards
- $\cdot$  To introduce van drivers to the concepts of the dynamics of van operation
- $\cdot$  To discover the importance of pre-trip inspection

#### CONSUMER BASE

The Van Safety Program was developed for use by organizations that have drivers who operate large vans as part of their job requirements.





Available in a traditional classroom format

### **Commercial Driver** License Refresher

#### GOAL

To assist commercial vehicle operators in accepting the responsibility they have as CDL licensed drivers and in understanding the importance of their attitude in affecting their driving behavior.

#### **OBJECTIVES**

- To accept responsibility for their actions when driving a commercial motor vehicle
- · To understand how their attitude affects their driving behavior
- · To recognize and evaluate their current driving patterns and learn ways to change them
- To become familiar with the Federal rules in reference to operating a commercial motor vehicle

#### CONSUMER BASE

The Commercial Driver License Program Level 1 was developed as a driver improvement program for CDL operators. Some states require CDL violators in order to reduce or eliminate the points allocated as a result of a violation to attend a specific CDL course. Courts may also require CDL violators to attend a specific CDL driver improvement course. This program may also be utilized by commercial motor carriers as a means to provide additional training to their CDL operators.

### Law Enforcement Defensive Driving

#### GOAL

Traffic fatalities are the leading cause of death of law enforcement personnel. The NTSI Law Enforcement Defensive Driving Program was not developed to train officers in the operation of motor vehicles, but rather the goal of this program is to introduce officers to the many factors other than operational skill that affect their driving behavior.

#### **OBJECTIVES**

- To discover who, what, when, where, and how law enforcement collisions occur
- · To understand how mental awareness and stress can affect driving.
- · Learn if you may be an "aggressive driver"
- · Discuss "police pursuit" driving
- · Explore the meaning of "sensory overload"
- · Gain information on "anger and driving"

#### CONSUMER BASE

The Law Enforcement Defensive Driving Program was developed for use by all law enforcement organizations.







Available in a traditional classroom format



# For additional information please contact the NTSI office in your area

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#### Who is the American Safety & Health Institute?

The American Safety & Health Institute (ASHI) is an association of approximately 35,000 professional safety and health educators and more than 5,500 Training Centers around the world. ASHI Training Center membership covers a wide range of organizations including local emergency medical service, fire/rescue and law enforcement agencies, hospitals, universities, public school districts, community colleges, vocational schools, charitable foundations, municipal, state and federal governments, as well as public and private corporations and training companies.



AMERICAN SAFETY & HEALTH INSTITUTE



#### National Training Solutions (NTS)

ASHI provides high-quality, comprehensive training programs anywhere in North America. With over 35,000 highly experienced Instructors, ASHI offers the highest quality health and safety training programs in a consistent, convenient and cost-effective manner. ASHI is unique in that it merges the corporate infrastructure of a national company with the flexibility and personal touch of local training providers.

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#### **National Recognition**

ASHI works on a regular basis with federal and state authorities to ensure regulatory compliance. ASHI programs have been reviewed, accepted, approved or have satisfied the requirements of numerous state and federal agencies.



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Quality Best training in the industry. Experience Only highly-skilled professional Instructors.

**Dedication** Committed to exceed expectations.

**Consistency** Standard delivery and operational procedures nationwide.

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- Basic First Aid
- Bloodborne Pathogens
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- Automated External Defibrillation (AED)
- Emergency Oxygen Administration

Call ASHI Customer Service at 1-800-246-5101 or visit www.ashinstitute.org for more information on the advantages ASHI provides.

### www.NTSI.com